

I Am Recovery

The Theory of “ I Am Recovery “ is to bring participants from a life of addiction to a life of recovery.

The “ I Am Recovery” program implements a structure of strategies addressing key elements that focus on strengths, engagement and involvement in decision making to improve the participants continuum of care.

IAR utilizes a service platform that presents underlining values and principle methods to bring change to the thought pattern.

IAR utilizes “evidence” informed resources and information that focus on self-care, recovery assessments and goal processing.

IAR’s philosophy and key elements allow the participant to bring value to their future endeavors through a life of recovery.

IAR understands the need to identify the strengths and supply the resources to each participant.

IAR delivers a formant of “evidence” informed criteria to enhance the knowledge of those served.

Sincerely,

Tawanda Murray

